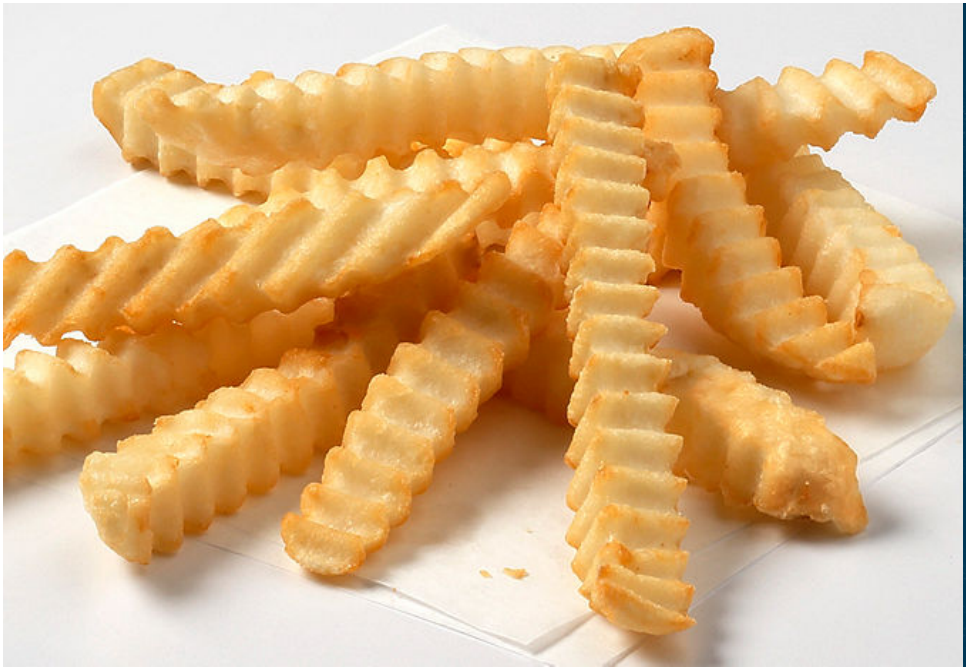
LambWeston®
POSSIBILITIES IN POTATOES

K-12



Item #: E11

Lamb Weston Supreme™ 1/2" Concertinas™

Brand: Lamb Weston Supreme™
Cut Size: 1/2" Crinkle Cut
Package Size: 6/4.5LB

Lamb Weston Supreme™ provides consistent, profitable, best-in-class potato offerings from the finest U.S. growing regions. This Concertinas™ cut is a modern take on classic crinkle cuts with deeper, crispier grooves and ridges. Lightly coated to offer maximum hold time and crispiness.

OPERATOR BENEFITS

- Consistent, profitable, best-in-class potato offerings from the finest U.S. growing regions.
- Crispy grooves have more edges that provide satisfying, extra crunch.
- Thick cuts are sturdier and are less prone to breaking than thinner fries.
- Real baked potato flavor and texture in every bite.
- Low sodium per serving.

NUTRITION AND COOKING METHODS

Serving size: 3oz (84g/about 10 pieces)
Servings per container: about 162
Calories [per serving]: 110

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Amount per Serving		% Daily Value*
Total Fat	5g	6%
Saturated Fat	1.5g	8%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	10mg	0%
Total Carbohydrate	16g	6%
Dietary Fiber	1g	4%
Total Sugars	<1g	
Added Sugars	0g	0%
Protein	1g	
Vitamin D	0.1mcg	0%
Calcium	10mg	0%

Iron	0.2mg	2%
Potassium	260mg	6%

Ingredients: Potatoes, Vegetable Oil (Contains One or More of the Following: Canola, Palm,Soybean, Sunflower), Disodium Dihydrogen Pyrophosphate (to promote color retention),Dextrose.

Grade: A
Kosher: No
Halal: Yes

Cooking Method	Time	Temperature	Additional Instructions
			FOR FOOD SAFETY, FOLLOW COOKING INSTRUCTIONS ON THE PACKAGE. KEEP FROZEN – DO NOT THAW. For food safety, read and follow the cooking instructions as product must reach a minimum of 165F (74C) internal temperature as measured by a food thermometer in several spots.
Deep Fry	3 1/4 - 3 3/4 minutes	345-350F (174-177C)	Amount: 1 1/2 LB (680g). Deep fry from frozen state. Fill basket 1/2 full.
Conventional Oven	25 - 30 minutes	400F (205C)	Amount: 1 1/2 LB (680g). Arrange frozen product in a single layer on a baking sheet lined with aluminum foil or parchment paper. Turn product halfway through baking time.
Convection Oven	11 - 13 minutes	400F (205C)	Amount: 1 1/2 LB (680g). Arrange frozen product in a single layer on a baking sheet lined with aluminum foil or parchment paper. Turn product halfway through baking time.

SHIPPING AND STORAGE

Shipping Information

Item Number	E11
GTIN	10044979005113
Net Weight	27.0 lb
Gross Weight	29.0 lb
Count Per Pound	N/A
Case Cube	1.269
Ti/Hi	9,8
Country of Origin	US
Shelf Life	24 months

Handling Instructions

Handle with care, do not drop! Ship frozen - Perishable. Keep frozen at 0°F (-18°C).